

2022 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

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WOMEN: TOP-25 ABSOLUTE

45kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Komal Kohar	2002	IND	44.50	72	88	160	20-Mar	Bhubaneswar, IND
Harshada Sharada Garud	2003	IND	44.80	69	88	157	18-Jul	Tashkent, UZB
M.V. Thusmita	1996	IND	44.60	67	87	154	20-Mar	Bhubaneswar, IND
K.V.L. Pavani Kumari	2003	IND	44.70	66	85	151	20-Mar	Bhubaneswar, IND
Veena	1998	IND	44.80	65	84	149	20-Mar	Bhubaneswar, IND
Anjali Patel	2004	IND	45.00	69	80	149	5-Jun	Panchkula, IND
Soumya Sunil Dalvi	2005	IND	44.80	65	83	148	12-Jun	Leon, MEX
Chandrika Tarafdar	1996	IND	44.65	64	83	147	24-Apr	Bengaluru, IND
Dipali Gursule	1996	IND	45.00	66	80	146	20-Mar	Bhubaneswar, IND
B. Rajeswari	2002	IND	44.60	65	79	144	20-Mar	Bhubaneswar, IND
Isabella Brown	2003	CAN	44.76	68	76	144	4-Jun	La Prairie, CAN
Kh. Rediya Devi	2000	IND	44.80	63	80	143	20-Mar	Bhubaneswar, IND
Pratikha Balu Sathe	2002	IND	44.95	63	80	143	24-Apr	Bengaluru, IND
Sarika Shingare	1998	IND	45.00	63	79	142	15-Jun	Nagrota Bagwan, IND
Byreddi Rajeswari	2002	IND	44.45	60	76	136	24-Apr	Bengaluru, IND
Asmita Dhone	2007	IND	44.10	58	77	135	15-Jun	Nagrota Bagwan, IND
M.D.M. Pramathna	2002	SRI	44.98	62	71	133	11-Nov	Polonnaruwa, SRI
Rinki Nakay	2002	IND	44.90	60	72	132	20-Mar	Bhubaneswar, IND
R. Bhavani	2008	IND	44.44	57	75	132	12-Jun	Leon, MEX
Diya Vyavahare	2003	IND	44.60	58	73	131	15-Jun	Nagrota Bagwan, IND
Kishore Akanksha Vyavahare	2007	IND	39.65	58	69	127	20-Mar	Bhubaneswar, IND
Suhani Rajpoot	1998	IND	45.00	54	68	122	24-Apr	Bengaluru, IND
Vani Puri	2005	IND	44.86	53	68	121	15-Jun	Nagrota Bagwan, IND
A. Poshika	2006	IND	39.86	56	64	120	15-Jun	Nagrota Bagwan, IND
Mansi Chamunda	2007	IND	39.80	53	67	120	17-Jul	Tashkent, UZB
49kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Saikhom Mirabai Chanu	1994	IND	48.68	88	113	201	30-Jul	Birmingham, England, GBR
H. Jinarani Devi	1996	IND	48.55	75	100	175	20-Mar	Bhubaneswar, IND
Marie Hanitra Riolya Ranaivosoa	1990	MRI	48.53	76	96	172	30-Jul	Birmingham, England, GBR
Hannah Kaminski	1994	CAN	48.97	74	97	171	30-Jul	Birmingham, England, GBR
Jhilli Dalabehra	1999	IND	48.95	77	94	171	8-Oct	Manama, BRN
Gyaneshwari Yadev	2003	IND	48.87	76	95	171	8-Oct	Manama, BRN
Loa Dika Toua	1984	PNG	48.78	74	96	170	20-Jun	Saipan, NMI
Stella Kingsley	2002	NGR	48.52	75	95	170	30-Jul	Birmingham, England, GBR
Sneha Soren	2001	IND	48.90	73	96	169	30-Sep	Gandhi Nagar, IND
Sakshi Mhaske	2001	IND	49.00	76	92	168	20-Mar	Bhubaneswar, IND
Kh. Roshibina Devi	2001	IND	48.70	67	94	161	20-Mar	Bhubaneswar, IND
Noorin Gullam	1995	ENG	48.77	73	88	161	30-Jul	Birmingham, England, GBR
Chetna Ghogage	1996	IND	48.85	71	88	159	20-Mar	Bhubaneswar, IND
Priyadarshini T.	2000	IND	46.60	69	89	158	20-Mar	Bhubaneswar, IND
Pooja Gupta	1998	IND	49.00	69	89	158	20-Mar	Bhubaneswar, IND
V. Madhumitha	2004	IND	48.15	65	90	155	20-Mar	Bhubaneswar, IND
Th. Sanju Devi	2003	IND	48.76	70	84	154	16-Jun	Nagrota Bagwan, IND
V. Rithika	2004	IND	49.00	71	83	154	19-Jul	Tashkent, UZB
Divisekara Srimali M. Samarakoon	1999	SRI	47.66	65	88	153	11-Nov	Plonnaruwa, SRI
Nilam Patel	2004	IND	49.00	67	85	152	20-Mar	Bhubaneswar, IND
Hannah Powell	1992	WAL	48.60	67	85	152	30-Jul	Birmingham, England, GBR
K. Nomita Devi	2002	IND	48.60	66	85	151	20-Mar	Bhubaneswar, IND
Bornali Borah	2000	IND	48.25	64	86	150	20-Mar	Bhubaneswar, IND
Sarita Sunil Savant	2002	IND	48.85	64	86	150	24-Apr	Bengaluru, IND
Vidushi Sharma	2002	IND	48.80	64	85	149	20-Mar	Bhubaneswar, IND
Shalu	2003	IND	48.25	67	82	149	24-Apr	Bengaluru, IND

55kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Adijat Adenike Olarinoye	1999	NGR	54.51	92	111	203	30-Jul	Birmingham, England, GBR
Sorokhaibam Bindyarani Devi	1999	IND	54.01	86	116	202	30-Jul	Birmingham, England, GBR
Fraer Morrow	1998	ENG	54.57	89	109	198	30-Jul	Birmingham, England, GBR
Jenly Wini Tegu	1983	SOL	54.70	84	110	194	20-Jun	Saipan, NMI
Josee Gallant	1992	CAN	53.50	87	106	193	20-May	Kelowna, CAN
Saikhom Mirabai Chanu	1994	IND	50.80	86	105	191	25-Feb	Singapore City, SGP
Ph. Ranibala Devi	1998	IND	54.52	84	104	188	30-Sep	Gandhi Nagar, IND
Catrin Haf Jones	1999	WAL	54.71	83	104	187	29-Jan	Derby, England, GBR
Shrabani Das	2002	IND	54.82	79	106	185	16-Jun	Nagrota Bagwan, IND
Rose Harvey	1998	CAN	54.60	81	104	185	7-Dec	Bogota, COL
Gauri Pandey	1998	IND	54.60	81	101	182	21-Mar	Bhubaneswar, IND
Veerjeet Kaur	1999	IND	54.20	81	100	181	21-Mar	Bhubaneswar, IND
Shrabani Das	2002	IND	54.45	78	103	181	3-May	Heraklion, GRE
Rachel Leblanc-Bazinet	1988	CAN	54.90	80	101	181	20-May	Kelowna, CAN
Tenishia Thornton	2005	MLT	55.00	81	99	180	3-May	Heraklion, GRE
Haylee Johnson	1998	CAN	54.71	74	101	175	19-Nov	Calgary, CAN
Elly Cascandra Englebert	2000	MAS	54.40	78	96	174	30-Jul	Birmingham, England, GBR
Amanda Braddock	1989	CAN	53.60	79	93	172	26-Feb	Scarborough, CAN
Boni Mangkhya	2004	IND	54.50	73	98	171	20-Mar	Bhubaneswar, IND
Hannah Kaminski	1994	CAN	52.60	76	95	171	20-May	Kelowna, CAN
Bhumika Mohite	2006	IND	53.90	75	95	170	20-Mar	Bhubaneswar, IND
Usha	2003	IND	54.10	76	94	170	5-Jun	Panchkula, IND
Sky Norris	1999	JAM	53.89	78	92	170	30-Jul	Birmingham, England, GBR
Ananya Patil	2001	IND	53.60	78	91	169	16-Jun	Nagrota Bagwan, IND
Nikita Kamalakar	2005	IND	54.55	74	94	168	20-Mar	Bhubaneswar, IND
Loa Dika Toua	1984	PNG	48.90	72	96	168	28-May	Melbourne, AUS
Marie-Pier Gendron	2000	CAN	54.00	74	94	168	6-Nov	Sherbrooke, CAN
Wademusthreege C. M. Warnakulasuri	1990	SRI	54.75	75	93	168	11-Nov	Polonnaruwa, SRI

59kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Maude Charron	1993	CAN	58.90	103	128	231	8-Dec	Bogota, COL
Rafiatu Folashade Lawal	1996	NGR	57.64	90	116	206	31-Jul	Birmingham, England, GBR
Jessica Gordon-Brown	1995	ENG	59.00	91	111	202	24-Apr	London, England, GBR
Adijat Adenike Olarinoye	1999	NGR	56.08	92	110	202	12-Aug	Konya, TUR
Fraer Morrow	1998	ENG	56.50	87	113	200	30-May	Tirana, ALB
Sorokhaibam Bindyarani Devi	1999	IND	56.00	86	114	200	8-Dec	Bogota, COL
Fatima Yakubu	1997	NGR	58.96	89	110	199	4-Jun	Sydney, AUS
Tali Darsigny	1998	CAN	58.95	87	109	196	31-Jul	Birmingham, England, GBR
Popy Hazarika	1998	IND	58.45	85	110	195	24-Mar	Bhubaneswar, IND
Jenly Wini Tegu	1983	SOL	55.25	85	110	195	28-May	Melbourne, AUS
Laura Wheatcroft	1994	ENG	57.84	86	106	192	29-Jan	Derby, England, GBR
Davinder Kaur	1995	IND	58.70	85	107	192	1-Oct	Gandhi Nagar, IND
Brenna Kean	1995	AUS	58.35	82	108	190	25-Feb	Singapore City, SGP
Catrin Haf Jones	1999	WAL	56.00	82	108	190	11-Jun	Bangor, Wales, GBR
Anneke Spies	1993	RSA	58.89	85	105	190	31-Jul	Birmingham, England, GBR
Charlotte Simoneau	2005	CAN	58.90	85	105	190	23-Nov	Guatemala City, GUA
Halle Mifsud	2000	AUS	58.64	80	109	189	9-Jul	Townsville, AUS
Tori Gallegos	2003	AUS	59.00	82	107	189	17-Dec	Toowoomba, AUS
Tenishia Thornton	2005	MLT	58.40	84	104	188	8-Dec	Bogota, COL
Sukarna Adak	2003	IND	58.80	84	103	187	17-Jun	Nagrota Bagwan, IND
Natalie Setiadji	1996	AUS	59.00	86	101	187	18-Nov	Canberra, AUS
Hannah Crymble	1995	NIR	58.50	83	104	187	7-Dec	Bogota, COL
P. Shakhnenbi Devi	1998	IND	58.50	79	107	186	24-Feb	Bhubaneswar, IND
Zoe Athans	1994	CAN	58.95	83	102	185	16-Sep	Calgary, CAN
Mohini	1999	IND	58.85	81	103	184	24-Mar	Bhubaneswar, IND
E. Deextiha	1997	IND	58.85	80	104	184	24-Mar	Bhubaneswar, IND
Kayla Shephard	1998	CAN	58.00	81	103	184	20-May	Kelowna, CAN
Bhawana	2005	IND	59.00	81	103	184	17-Jun	Nagrota Bagwan, IND
Rose Harvey	1998	CAN	57.00	82	102	184	6-Nov	Sherbrooke, CAN

64kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Maude Charron	1993	CAN	61.23	101	130	231	1-Aug	Birmingham, England, GBR
Sarah Cochrane	1989	AUS	63.63	100	116	216	1-Aug	Birmingham, England, GBR
Islamiyat Adebukola Yusuf	2003	NGR	63.45	93	119	212	1-Aug	Birmingham, England, GBR
Zoe Smith	1994	ENG	63.86	88	122	210	1-Aug	Birmingham, England, GBR
Kiana Elliott	1997	AUS	63.10	95	111	206	10-Dec	Bogota, COL
Fatima Yakubu	1997	NGR	60.92	88	113	201	20-Aug	Sydney, AUS
Jasvir Kaur	1993	IND	63.98	87	113	200	2-Oct	Gandhi Nagar, IND
Brenna Keen	1995	AUS	62.25	87	112	199	25-Jun	Melbourne, AUS
Sanapathi Pallavi	2003	IND	64.00	88	111	199	2-Oct	Gandhi Nagar, IND
Nadia Yangui	1992	CAN	63.90	87	111	198	27-Jul	Bogota, COL
K. Roshilata Devi	1999	IND	63.77	87	110	197	2-Oct	Gandhi Nagar, IND
S. Nirupama Devi	2000	IND	63.70	83	113	196	2-Oct	Gandhi Nagar, IND
Popy Hazarika	1998	IND	59.65	84	109	193	26-Feb	Singapore City, SGP
Emma McIntyre	1991	NZL	63.80	89	104	193	4-Jun	Hastings, NZL
Rachel Siemens	1989	CAN	63.50	84	107	191	20-May	Kelowna, CAN
Ditimoni Sonowal	2003	IND	63.45	84	107	191	2-Oct	Gandhi Nagar, IND
Komal Khan	2001	IND	64.00	84	106	190	26-Mar	Bhubaneswar, IND
Jennifer Tong	1996	ENG	63.10	85	104	189	31-May	Tirana, ALB
Ch. Nirmala Devi	2001	IND	63.90	81	108	189	2-Oct	Gandhi Nagar, IND
Alecha Mahoney-Piva	1994	AUS	63.96	86	102	188	30-Apr	Townsville, AUS
Olivia Selemaia	2006	NZL	63.95	85	103	188	4-Jun	Hastings, NZL
Halle Mifsud	2000	AUS	61.20	78	110	188	22-Oct	Brisbane, AUS
Stephanie Gowanlock	1984	CAN	63.70	83	104	187	20-May	Kelowna, CAN
Tori Gallegos	2003	AUS	59.95	81	106	187	22-Oct	Brisbane, AUS
Yasmin Zammit-Stevens	1993	MLT	63.51	83	103	186	1-Aug	Birmingham, England, GBR

71kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Sarah Davies	1992	ENG	70.58	103	126	229	1-Aug	Birmingham, England, GBR
Kiana Elliott	1997	AUS	68.60	100	120	220	26-Feb	Singapore City, SGP
Alexis Ashworth	1999	CAN	70.50	98	122	220	27-Feb	Scarborough, CAN
Sarah Cochrane	1989	AUS	66.04	100	119	219	30-Apr	Townsville, AUS
Erin Barton	1990	ENG	71.00	93	123	216	30-Oct	Derby, England, GBR
Megan Trupp	2000	CAN	70.30	100	116	216	12-Nov	Toronto, CAN
Shania Bedward	1996	CAN	70.00	94	121	215	28-Jul	Bogota, COL
Harjinder Kaur	1996	IND	69.14	93	119	212	1-Aug	Birmingham, England, GBR
Olivia Kelly (Shelton)	1993	AUS	71.00	95	116	211	5-Mar	Brisbane, AUS
Jessica Franklin	1992	CAN	70.80	93	112	205	12-Nov	Toronto, CAN
Lalchhanhimi	1992	IND	69.15	87	116	203	27-Mar	Bhubaneswar, IND
Jacqueline Nichelle	2000	AUS	68.45	86	115	201	19-Nov	Canberra, AUS
Maximina Uepa	2002	NRU	69.00	91	110	201	11-Dec	Bogota, COL
Nancy Genzel Abouke	2003	NRU	70.20	90	110	200	28-May	NRU
Darcy Kay	1993	AUS	70.50	86	110	196	22-Jun	Saipan, NMI
Megan Signal	1990	NZL	70.73	88	108	196	1-Aug	Birmingham, England, GBR
Ketty Lent	2001	MRI	68.85	85	111	196	29-Oct	Cairo, EGY
Shandler Kohlman	1995	CAN	70.49	89	107	196	19-Nov	Calgary, CAN
Thea Wall	1995	CAN	69.50	89	106	195	20-May	Kelowna, CAN
Melissa Lin	2002	CAN	67.61	87	108	195	21-Oct	Lima, PER
Naomie Lusignan	2005	CAN	70.10	88	106	194	21-Oct	Lima, PER
Gina McMonagle	2000	CAN	68.97	86	107	193	26-Mar	Calgary, CAN
Maddison Power	2003	AUS	70.95	88	105	193	22-Oct	Brisbane, AUS
Srasthi	2002	IND	70.50	85	106	191	25-Apr	Bengaluru, IND
Olivia Selemaia	2006	NZL	65.40	86	105	191	30-Apr	Auckland, NZL
Rachel Duncan	2003	NZL	70.00	84	107	191	22-May	Auckland, NZL
Roberta Tabone	1994	MLT	69.97	86	105	191	1-Aug	Birmingham, England, GBR
Alice Aitchson	1999	SCO	70.30	83	108	191	5-Nov	Dundee, Scotland, GBR

76kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Shania Bedward	1996	CAN	74.50	101	128	229	13-Dec	Bogota, COL
Maya Lalor	1995	CAN	75.33	100	128	228	2-Aug	Birmingham, England, GBR
Sarah Davies	1992	ENG	75.00	102	124	226	30-Oct	Derby, England, GBR
Olivia Kelly (Shelton)	1993	AUS	75.65	97	122	219	23-Oct	Brisbane, AUS
Taiwo Liadi	2002	NGR	74.23	96	120	216	2-Aug	Birmingham, England, GBR
Maximina Uepa	2002	NRU	73.45	95	120	215	22-May	NRU
Punam Yadav	1995	IND	76.00	99	115	214	27-Mar	Bhubaneswar, IND
Jeanne Gaelle Eyenga Mboosi	1999	CMR	75.96	90	124	214	14-Aug	Konya, TUR
Ebony Gorincu	1989	AUS	74.58	96	116	212	25-Jun	Brisbane, AUS
Deborah Alawode	1997	ENG	75.67	93	119	212	2-Aug	Birmingham, England, GBR
R. Arockiya Alish	2000	IND	75.80	90	119	209	27-Mar	Bhubaneswar, IND
Katrina Feklistova	1997	ENG	73.50	94	114	208	24-Apr	London, England, GBR
Caroline Birch	1989	NIR	74.30	92	115	207	4-Feb	Portadown, NIR
Apolonia Vaivai	1991	FIJ	75.84	95	111	206	22-Jun	Saipan, NMI
Harjinder Kaur	1996	IND	69.91	89	115	204	2-Oct	Gandhi Nagar, IND
Agata Herbert	1988	SCO	75.12	92	111	203	29-Jan	Derby, England, GBR
Amy Salt	1992	WAL	74.73	88	113	201	29-Jan	Derby, England, GBR
Adreanne Messier	1999	CAN	75.90	90	110	200	27-Feb	Scarborough, CAN
Megan Signal	1990	NZL	72.70	87	113	200	8-Jul	Auckland, NZL
Emily Atton	1991	AUS	75.85	84	116	200	17-Sep	Melbourne, AUS
Sally Bennett	1991	ENG	71.88	89	109	198	29-Jan	Derby, England, GBR
Isabella Brown	2004	ENG	75.65	90	108	198	7-May	Heraklion, GRE
Gina McMonagle	2000	CAN	72.00	87	111	198	20-May	Kelowna, CAN
Alice Aitchson	1999	SCO	73.80	88	110	198	21-May	Dundee, Scotland, GBR
Tamara Dinsmore	1986	AUS	74.12	83	115	198	6-Aug	Brisbane, AUS

81kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Maya Laylor	1995	CAN	78.00	105	132	237	20-May	Kelowna, CAN
Kristel Ngarlem	1995	CAN	80.90	98	133	231	20-May	Kelowna, CAN
Rosalie Dumas	1992	CAN	81.00	105	120	225	6-Nov	Sherbrooke, CAN
Adreanne Messier	1999	CAN	80.90	97	121	218	29-Jul	Bogota, COL
Katrina Feklistova	1997	ENG	76.20	97	121	218	22-Oct	Clermont l'Hérault, FRA
Kanah Andrews-Nahu	2001	NZL	80.96	87	113	210	3-Apr	Auckland, NZL
Deborah Alawode	1997	ENG	80.20	93	117	210	30-Oct	Derby, England, GBR
Agata Herbert	1988	SCO	76.60	91	114	205	15-Oct	Dundee, Scotland, GBR
Renee Baarspul	1996	NZL	80.15	93	111	204	11-Sep	Melbourne, AUS
Vanshita Verma	2001	IND	80.32	88	116	204	14-Oct	Manama, BRN
Emma McCready	1990	ENG	80.60	90	113	203	11-Dec	Bath, England, GBR
Faustina Opeloge	2004	SAM	80.30	90	110	200	26-Nov	Tauranga, NZL
Sarah Wiltshire	1990	ENG	79.20	89	110	199	30-Oct	Derby, England, GBR
Pooja Yadav	1996	IND	76.50	88	110	198	25-Mar	Bhubaneswar, IND
Rakhi	1996	IND	78.95	87	109	196	25-Mar	Bhubaneswar, IND
N. Lalitha	1996	IND	79.40	89	106	195	25-Mar	Bhubaneswar, IND
Swathi Kishor	1998	IND	77.25	82	113	195	25-Mar	Bhubaneswar, IND
Nicola Stiddard	1993	ENG	79.90	84	111	195	30-Oct	Derby, England, GBR
Akshata Kamati	1999	IND	80.00	78	113	191	25-Mar	Bhubaneswar, IND
Rebecca McKay	2000	AUS	80.25	85	105	190	20-Nov	Canberra, AUS
Alexandra Cave	1995	ENG	81.00	82	104	186	30-Jul	London, England, GBR
Macy Brockhurst	2000	AUS	80.70	83	103	186	20-Nov	Canberra, AUS
Ch. Srilakshmi	2004	IND	78.00	81	104	185	25-Mar	Bhubaneswar, IND
Anjali Joshi	2000	IND	80.55	82	103	185	25-Apr	Bengaluru, IND
Amy Johnson	1989	ENG	80.10	82	103	185	30-Oct	Derby, England, GBR

87kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Eileen Cikamatana	1999	AUS	84.08	110	145	255	2-Aug	Birmingham, England, GBR
Kristel Ngarlem	1995	CAN	82.03	101	135	236	2-Aug	Birmingham, England, GBR
Osijo Mary Taiwo	1996	NGR	82.52	102	123	225	2-Aug	Birmingham, England, GBR
Haley Whiting	1993	NZL	83.10	98	125	223	27-Feb	Auckland, NZL
Kanah Andrews-Nahu	2001	NZL	86.00	100	122	222	27-Feb	Auckland, NZL
Clementine Meukeugni Noumbissi	1990	CMR	86.11	100	121	221	2-Aug	Birmingham, England, GBR
Jeanne Gaelle Eyenga Mboossi	1999	CMR	81.15	97	123	220	31-Oct	Cairo, EGY
Samantha Hansen	1999	NZL	85.10	95	120	215	22-Oct	Tauranga, NZL
Emily Sweeney	2004	ENG	86.20	93	117	210	24-Apr	London, England, GBR
Komal Wakale	1990	IND	86.97	94	116	210	3-Oct	Gandhi Nagar, IND
Usha Bannur Natesh Kumara	1995	IND	86.90	95	114	209	3-Oct	Gandhi Nagar, IND
Nicola Stiddard	1993	ENG	85.60	91	115	206	24-Apr	London, England, GBR
Rosalie Dumas	1992	CAN	82.00	94	110	204	27-Feb	Scarborough, CAN
Sarah Wiltshire	1990	ENG	82.40	88	115	203	29-Jan	Derby, England, GBR
Tara Pratt	1992	AUS	85.35	89	114	203	21-Oct	Perth, AUS
Modhusmita Baruah	1993	IND	86.65	88	113	201	30-Mar	Bhubaneswar, IND
T. Satya Jyothi	1998	IND	86.79	90	111	201	3-Oct	Gandhi Nagar, IND
Emma McCready	1990	ENG	85.80	90	110	200	3-Apr	Edinburgh, Scotland, GBR
Rebecca McKay	2000	AUS	84.08	87	112	199	3-Dec	Brisbane, AUS
Dimpi Dutta	1999	IND	84.80	87	111	198	30-Mar	Bhubaneswar, IND
Akshata Kamati	1999	IND	84.45	80	117	197	26-Apr	Bengaluru, IND
Julia Ryan	1990	CAN	82.90	87	108	195	12-Nov	Toronto, CAN
Usha S.R.	2000	IND	85.62	82	112	194	3-Oct	Gandhi Nagar, IND
Balage Chathurika Priyantha	1992	SRI	85.20	81	111	192	2-Aug	Birmingham, England, GBR
Faustina Opeloge	2004	SAM	85.60	84	106	190	22-May	Apia, SAM

+87kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Emily Campbell	1994	ENG	127.50	122	165	287	15-Dec	Bogota, COL
Feagaiga Stowers	2000	SAM	119.05	127	155	282	28-May	Apia, SAM
Iuniara Sipaia	1993	SAM	137.68	104	157	261	23-Jun	Saipan, NMI
Lesila Fiapule	2001	SAM	120.50	107	145	252	23-Jun	Saipan, NMI
Emma Friesen	2002	CAN	113.97	112	133	245	23-Oct	Lima, PER
Charisma Amoe-Tarrant	1999	AUS	153.30	100	139	239	3-Aug	Birmingham, England, GBR
Mercy Brown	1996	ENG	106.42	107	130	237	30-Jan	Derby, England, GBR
Kuinini Manumua	2000	TGA	101.86	107	128	235	3-Aug	Birmingham, England, GBR
Ann Mariya Muriyaden Timothy	1998	IND	117.45	103	128	231	31-Mar	Bhubaneswar, IND
Purnima Pandey	1997	IND	100.19	104	125	229	31-Mar	Bhubaneswar, IND
Etta Love	2007	CAN	112.74	97	131	228	23-Oct	Lima, PER
Leah Clarke	1995	ENG	113.50	95	125	220	24-Apr	London, England, GBR
Manpreet Kaur	1989	IND	108.35	87	128	215	31-Mar	Bhubaneswar, IND
Mehak Sharma	1995	IND	109.95	89	125	214	31-Mar	Bhubaneswar, IND
Cassandra Anak Masev Sonia	2000	MAS	104.50	90	123	213	22-May	Hanoi, VIE
Manine Lynch	1999	COK	123.56	90	120	210	23-Jun	Saipan, NMI
Susana Nimo	1996	NZL	94.60	95	115	210	1-Oct	Auckland, NZL
Tara Pratt	1992	AUS	87.80	90	120	210	20-Nov	Canberra, AUS
Tasha Willing	1998	CAN	93.17	92	113	205	19-Nov	Calgary, CAN
Angel Billen	2007	CAN	98.52	86	113	199	18-Jun	Leon, MEX
H.W.T.M.B.J. Haputhenna	1999	SRI	117.08	89	110	199	3-Aug	Birmingham, England, GBR
Miniah Summerell	2003	NZL	114.85	88	110	198	10-May	Heraklion, GRE
Imoasina Pelenato Tualofai	2006	SAM	116.50	82	116	198	23-Jun	Saipan, NMI
Romantha Larue	1998	SEY	88.05	87	111	198	31-Oct	Cairo, EGY
Jasbir Kaur	1998	IND	108.46	90	107	197	4-Oct	Gandhi Nagar, IND

2022 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

Produced by: Michael Noonan

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MEN: TOP-25 ABSOLUTE

55kg Category

	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Yodage Dilanka Isuru Kumara	1996	SRI	54.99	116	141	257	12-Nov	Polonnaruwa, SRI
Sanket Sargar Mahadev	2000	IND	54.65	113	143	256	25-Feb	Singapore City, SGP
Mohamad Aniq Kasdan	2002	MAS	54.55	110	142	252	19-May	Hanoi, VIE
Prashant Koli	1999	IND	54.75	112	136	248	21-Mar	Bhubaneswar, IND
Chanambam Rishikanta Singh	1998	IND	55.00	110	136	246	25-Feb	Singapore City, SGP
S.W.K.R.S.D. Somathilaka	2002	SRI	53.99	105	130	235	12-Nov	Polonnaruwa, SRI
K.C.A.S.D. Jayawardana	2002	SRI	54.88	105	128	233	12-Nov	Polonnaruwa, SRI
Vijay Kumar Maheshwari	1999	IND	54.20	99	132	231	21-Mar	Bhubaneswar, IND
Sanapathi Guru Naidu	2006	IND	54.72	104	126	230	12-Jun	Leon, MEX
Uday Anil Mahajan	2003	IND	55.00	99	128	227	24-Apr	Bengaluru, IND
Karan Lahre	2000	IND	54.80	100	125	225	21-Mar	Bhubaneswar, IND
Komal Maheshwari	2002	IND	54.40	98	127	225	24-Apr	Bengaluru, IND
Piyush Singh	1999	IND	54.90	98	125	223	21-Mar	Bhubaneswar, IND
Mukand Aher Santosh	2003	IND	52.50	102	119	221	24-Apr	Bengaluru, IND
Lokesh K.R.	2002	IND	54.90	97	123	220	24-Apr	Bengaluru, IND
Akash Shrinivas Goud	2000	IND	54.50	97	122	219	24-Apr	Bengaluru, IND
Kumbheswar Malik	2002	IND	54.30	98	115	213	21-Mar	Bhubaneswar, IND
T. Kumara Swamy	2000	IND	54.80	94	119	213	21-Mar	Bhubaneswar, IND
Dejum Gadi	2001	IND	54.80	92	120	212	21-Mar	Bhubaneswar, IND
Thallapudi Kumaraswamy	2000	IND	54.95	94	118	212	24-Apr	Bengaluru, IND
Chera Tania	2005	IND	55.00	92	120	212	5-Jun	Panchkula, IND
Benjamin Hickling	2002	ENG	54.79	93	119	212	30-Jul	Birmingham, England, GBR
Raja Bharti	2003	IND	54.00	96	115	211	5-Jun	Panchkula, IND
Md Ashikur Rahman Taj	2001	BAN	54.65	93	118	211	30-Jul	Birmingham, England, GBR
S. Muthumaniyan	2004	IND	54.90	92	118	210	20-Mar	Bhubaneswar, IND
Davis Niyoyita	2004	UGA	54.20	90	120	210	11-Aug	Konya, TUR

61kg Category

	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Muhamad Aznil Biden	1994	MAS	60.85	127	160	287	20-May	Hanoi, VIE
Morea Baru	1990	PNG	61.00	121	152	273	30-Jul	Birmingham, England, GBR
Mohamad Aniq Kasdan	2002	MAS	60.42	113	160	273	9-Oct	Manama, BRN
Chanambam Rishikanta Singh	1998	IND	60.82	120	151	271	9-Oct	Manama, BRN
Guru Raja	1992	IND	60.94	118	151	269	30-Jul	Birmingham, England, GBR
Youri Simard	2001	CAN	61.00	119	149	268	30-Jul	Birmingham, England, GBR
M. Raja	2000	IND	60.65	114	153	267	21-Mar	Bhubaneswar, IND
Thirumurugan Madhavan	2004	IND	60.60	121	144	265	19-Jul	Tashkent, UZB
Charu Pesi	2002	IND	60.80	114	145	259	30-Sep	Gandhi Nagar, IND
Muna Nayak	2002	IND	60.80	113	145	258	3-May	Heraklion, GRE
Zakhuma	2001	IND	60.70	114	140	254	21-Mar	Bhubaneswar, IND
J.Arachchilage Chathuranga Lakmal	1988	SRI	61.00	115	138	253	12-Nov	Polonnaruwa, SRI
Mahajan Govinda Sunil	2000	IND	60.90	112	140	252	24-Apr	Bengaluru, IND
Lalzuidika	1999	IND	60.84	108	140	248	30-Sep	Gandhi Nagar, IND
Shankar Lapung	2004	IND	60.85	109	137	246	5-Jun	Panchkula, IND
Emmanuel Appah	1999	NGR	60.66	110	135	245	30-Jul	Birmingham, England, GBR
E.A.D.K.D. Egodawaththa	1988	SRI	60.91	110	135	245	12-Nov	Polonnaruwa, SRI
L. Chinglenmani Meitei	1999	IND	60.75	107	137	244	21-Mar	Bhubaneswar, IND
Sagar Madar	1998	IND	60.85	109	135	244	24-Apr	Bengaluru, IND
Golom Tinku	2006	IND	60.50	104	137	241	19-Jul	Tashkent, UZB
Rajendra Muduli	2001	IND	60.95	108	130	238	24-Apr	Bengaluru, IND
Sourabh S.	1999	IND	61.00	106	131	237	24-Apr	Bengaluru, IND
L.G.A.S. Liyangedara	2002	SRI	59.52	109	128	237	12-Nov	Polonnaruwa, SRI
D.B.D. De Wimalarathna	2001	SRI	60.71	103	134	237	12-Nov	Polonnaruwa, SRI
Vaibhav Pandav	2004	IND	60.05	103	130	233	21-Mar	Bhubaneswar, IND
A. Rudhreshwar	2004	IND	60.40	105	128	233	5-Jun	Panchkula, IND

67kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Jeremy Lalinnunga	2002	IND	66.36	140	160	300	31-Jul	Birmingham, England, GBR
Vaipava Nevio Ioane	1988	SAM	66.32	127	166	293	31-Jul	Birmingham, England, GBR
Muhamad Aznil Biden	1994	MAS	64.63	130	161	291	10-Oct	Manama, BRN
Edidiong Joseph Umoafia	2002	NGR	66.86	130	160	290	31-Jul	Birmingham, England, GBR
Markio Tario	2004	IND	66.65	124	158	282	23-Mar	Bhubaneswar, IND
K. Neelam Raju	1997	IND	66.70	123	154	277	23-Mar	Bhubaneswar, IND
Subhash Lahre	2002	IND	66.61	121	154	275	1-Oct	Gandhi Nagar, IND
Morea Baru	1990	PNG	61.45	120	152	272	28-May	Melbourne, AUS
Susant Sahu	1991	IND	66.90	119	151	270	1-Oct	Gandhi Nagar, IND
Lalhunthara	2002	IND	66.60	117	152	269	23-Mar	Bhubaneswar, IND
J.Arachchilage Chathuranga Lakmal	1988	SRI	63.85	118	150	268	26-Feb	Singapore City, SRI
Tejas Jondhale	2001	IND	66.40	124	144	268	23-Mar	Bhubaneswar, IND
Jaswant Shergill	1993	ENG	66.50	117	148	265	24-Apr	London, England, GBR
Ranjeet Desai	1995	IND	67.00	113	152	265	1-Oct	Gandhi Nagar, IND
Youri Simard	2001	CAN	63.45	115	150	265	6-Nov	Sherbrooke, CAN
Mahesh Asawale	2000	IND	67.00	123	141	264	24-Apr	Bengaluru, IND
S. Logeswaran	2004	IND	66.90	121	143	264	24-Apr	Bengaluru, IND
Bengia Tani	2004	IND	65.40	115	149	264	6-Jun	Panchkula, IND
Jagdish Nahak	1998	IND	66.70	118	144	262	23-Mar	Bhubaneswar, IND
M.H. Silvan Beihrothatlon	2004	IND	66.45	111	150	261	6-Jun	Panchkula, IND
Haroon Siraj	1994	ENG	66.50	119	140	259	24-Apr	London, England, GBR
Aniruddha Nipane	2003	IND	66.65	115	143	258	6-Jun	Panchkula, IND
Ruben Katoatau	1997	KIR	66.97	114	144	258	31-Jul	Birmingham, England, GBR
Jacob Vanlalitluanga	2002	IND	66.70	116	141	257	23-Mar	Bhubaneswar, IND
V. Purushothaman	1995	IND	66.80	111	145	256	23-Mar	Bhubaneswar, IND

73kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Muhammad Erry Hidayat	1999	MAS	72.90	143	173	316	21-May	Hanoi, VIE
N. Ajith	1991	IND	72.78	141	174	315	1-Oct	Gandhi Nagar, IND
Achinta Sheuli	2001	IND	72.70	143	170	313	31-Jul	Birmingham, England, GBR
John Lautafi Tafi	2002	SAM	71.70	133	165	298	21-May	Apia, SAM
Shad Darsigny	2003	CAN	72.71	135	163	298	31-Jul	Birmingham, England, GBR
Jack Oliver	1991	ENG	72.30	135	161	296	24-Apr	London, England, GBR
D.M. Indika C. Dissanayake	1989	SRI	73.00	135	161	296	13-Nov	Polonnaruwa, SRI
Mihar Kanta Sethi	1996	IND	72.80	127	163	290	23-Mar	Bhubaneswar, IND
Brandon Wakeling	1994	AUS	72.53	127	163	290	31-Jul	Birmingham, England, GBR
Ganga Singh	1994	IND	72.60	131	157	288	23-Mar	Bhubaneswar, IND
Bryan Ibanez Guerrero	2006	CAN	72.90	132	156	288	14-Jun	Leon, MEX
Matt Darsigny	2001	CAN	71.73	129	159	288	6-Nov	Sherbrooke, CAN
Vester Villalon	1991	NZL	72.90	128	158	287	26-Feb	Auckland, NZL
Ezekiel Moses	2001	NRU	73.00	127	160	287	27-Feb	NRU
Devapreedhan B.	1998	IND	72.50	132	155	287	23-Mar	Bhubaneswar, IND
Jonathan Chin	1994	ENG	72.40	124	163	287	31-May	Tirana, ALB
Edouard Freve-Guerin	1996	CAN	72.20	128	158	286	27-Feb	Scarborough, CAN
Michael Farmer	1999	WAL	72.70	128	158	286	31-May	Tirana, ALB
Jon-Antohein Phillips	2000	RSA	72.95	123	160	283	22-Oct	Mossel Bay, RSA
Jacob Finnigan	2002	ENG	73.00	125	157	282	29-Oct	Derby, England, GBR
Juturi Koteswari Rao	2001	IND	71.95	128	152	280	1-Oct	Gandhi Nagar, IND
Gerard Abeussa	1998	CMR	72.95	120	160	280	29-Oct	Cairo, EGY
Kanhu Charan Sahu	1997	IND	72.52	121	157	278	1-Oct	Gandhi Nagar, IND
Prajwal	2001	IND	70.35	123	154	277	23-Mar	Bhubaneswar, IND
Kiran Ravindrabhai Marathe	2003	IND	72.40	123	154	277	25-Apr	Bengaluru, IND

81kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Christopher Murray	1999	ENG	80.86	144	181	325	1-Aug	Birmingham, England, GBR
Kyle Bruce	1999	AUS	80.99	143	180	323	1-Aug	Birmingham, England, GBR
Nicolas Vachon	1996	CAN	80.82	140	180	320	1-Aug	Birmingham, England, GBR
Antonis Martasidis	1992	CYP	80.60	140	180	320	6-Nov	Limassol, CYP
Ajay Singh	1997	IND	80.91	143	176	319	1-Aug	Birmingham, England, GBR
Deepak Lather	2000	IND	78.78	145	170	315	2-Oct	Gandhi Nagar, IND
Riley Porter	1995	AUS	80.65	144	168	312	26-Feb	Singapore City, SGP
Samuel Guertin	2000	CAN	80.00	140	172	312	27-Feb	Scarborough, CAN
Abhishek Nipane	2001	IND	79.51	134	177	311	2-Oct	Gandhi Nagar, IND
Haider Ali	1995	PAK	79.56	138	170	308	27-Feb	Lahor, PAK
Guy Michel Ngongang Tchuissei	1995	CMR	80.40	135	170	305	24-Apr	London, England, GBR
Mohamad Nasir Roslan	1997	MAS	80.40	140	165	305	21-May	Hanoi, VIE
Cameron McTaggart	1997	NZL	80.95	138	165	303	1-Aug	Birmingham, England, GBR
Valluri Ajaya Babu	2004	IND	80.62	137	165	302	11-Oct	Manama, BRN
Papul Changmai	1994	IND	80.60	132	168	300	25-Mar	Bhubaneswar, IND
Kapil Singh Rathore	1993	IND	78.25	135	164	299	25-Mar	Bhubaneswar, IND
P. Prabakaran	1996	IND	80.81	127	171	298	2-Oct	Gandhi Nagar, IND
U.R.R. Jayasena	1997	SRI	79.99	138	160	298	13-Nov	Polonnaruwa, SRI
Anwar Furqan	1995	PAK	80.91	130	165	295	11-Oct	Manama, BRN
Tridip Baruah	2003	IND	79.15	132	160	292	25-Mar	Bhubaneswar, IND
Guillaume Bilodeau	1994	CAN	81.00	130	162	292	20-May	Kelowna, CAN
Jamal Isaac-Shah	1993	ENG	80.75	126	165	291	29-Jan	Derby, England, GBR
Leo Lark	1996	AUS	79.90	126	165	291	18-Nov	Canberra, AUS
R. Jaikaran	1999	IND	80.45	130	160	290	25-Mar	Bhubaneswar, IND
Frank Longo	1984	CAN	80.00	128	162	290	26-Mar	Guelph, CAN
Ahmed Valdy Njoya	1999	CMR	80.14	130	160	290	13-Aug	Konya, TUR

89kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Alex Bellemarre	1998	CAN	88.78	165	193	358	6-Nov	Sherbrooke, CAN
Antonis Martasidis	1992	CYP	88.85	150	191	341	3-Jul	Oran, ALG
Braydon Kennedy	1996	CAN	88.80	156	185	341	17-Jul	Bogota, COL
Kyle Bruce	1999	AUS	85.80	150	182	332	19-Nov	Canberra, AUS
Gabriel Dagenais	1997	CAN	88.97	146	182	328	6-Nov	Sherbrooke, CAN
Stefano Cataldi	2003	ENG	89.00	142	180	322	29-Oct	Derby, England, GBR
Oliver Saxton	2003	AUS	88.60	143	175	318	11-Dec	Perth, AUS
Gourav	1995	IND	88.10	140	176	316	26-Mar	Bhubaneswar, IND
Harshad Wadekar	1995	IND	88.40	140	175	315	26-Mar	Bhubaneswar, IND
Nikhil Tugnait	1999	IND	88.92	137	171	308	13-Oct	Manama, BRN
Tejas Lokhande	2001	IND	88.95	132	173	305	25-Apr	Bengaluru, IND
Cameron McTaggart	1997	NZL	85.70	140	165	305	8-Jul	Auckland, NZL
Cedric Feugno	1997	CMR	87.18	140	165	305	14-Aug	Konya, TUR
U. Sivaprakash	1996	IND	87.10	135	169	304	26-Mar	Bhubaneswar, IND
Binder Pal	1996	IND	88.35	141	162	303	26-Mar	Bhubaneswar, IND
Raghveer Singh	1995	IND	85.90	134	169	303	26-Mar	Bhubaneswar, IND
Beau Garrett	1990	AUS	88.50	130	172	302	22-Jun	Saipan, NMI
Frank Elliott	1991	AUS	87.28	132	169	301	25-Sep	Adelaide, AUS
Maxime Bardier	1997	CAN	88.33	135	165	300	6-Nov	Sherbrooke, CAN
Chinni Vinay Kumar	2000	IND	87.85	130	168	298	25-Apr	Bengaluru, IND
Bastien Bonnamant	1994	CAN	85.90	133	164	297	13-Aug	Scarborough, CAN
Liam Saxby	1997	AUS	88.10	135	161	296	25-Jun	Brisbane, AUS
Chris Parfitt	1988	AUS	88.45	131	165	296	21-Oct	Perth, AUS
Daniel Onana Tanga	2007	CMR	85.85	136	160	296	30-Oct	Cairo, EGY
Xavier Tiffany	2003	NZL	87.90	133	163	296	26-Nov	Tauranga, NZ

96kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Don Opeloge	1999	SAM	95.20	171	210	381	2-Aug	Birmingham, England, GBR
Boady Santavy	1997	CAN	95.70	175	205	380	20-May	Kelowna, CAN
Cyrille Tchatchet II	1995	ENG	95.90	159	197	356	12-Dec	Bogota, COL
Vikas Thakur	1993	IND	95.61	155	191	346	2-Aug	Birmingham, England, GBR
Sambo Lapung	1997	IND	95.88	148	198	346	3-Oct	Gandhi Nagar, IND
Noah Santavy	1998	CAN	94.20	155	190	345	12-Nov	Toronto, CAN
Taniela Rainibogi	1998	FIJ	95.06	155	188	343	2-Aug	Birmingham, England, GBR
Ridge Barredo	1995	AUS	95.50	149	187	336	27-Feb	Singapore City, SGP
Forrester Osei	1989	GHA	95.88	150	185	335	28-Feb	Vacaos, MRI
Venkat Rahul Ragala	1997	IND	94.30	150	185	335	28-Mar	Bhubaneswar, IND
Xavier Luisignan	2003	CAN	93.53	148	187	335	22-Oct	Lima, PER
Jagdish	1994	IND	95.35	146	187	333	28-Mar	Bhubaneswar, IND
Jean-Christophe Blanchet	1998	CAN	94.20	148	185	333	20-May	Kelowna, CAN
Denis Essama Owona	1989	CMR	94.94	145	180	325	2-Aug	Birmingham, England, GBR
Jack Dobson	1993	ENG	95.70	140	183	323	24-Apr	London, England, GBR
Edmon Avetisyan	1994	ENG	95.90	142	180	322	24-Apr	London, England, GBR
Cedric Coret	1991	MRI	93.45	138	176	314	28-Feb	Vacaos, MRI
Ruben Burger	1991	RSA	95.99	141	172	313	28-Feb	Vacaos, MRI
Vaishnav Thakur	2002	IND	93.90	135	178	313	26-Apr	Bengaluru, IND
Maxim Lebrun	1992	CAN	94.40	140	173	313	20-May	Kelowna, CAN
Parveen	2000	IND	95.58	141	171	312	3-Oct	Gandhi Nagar, IND
Myren Madden	2002	ENG	95.50	142	171	313	13-Nov	Leeds, England, GBR
Andrew Pretty	1992	CAN	92.85	137	175	312	19-Nov	Calgary, CAN
Tom Shannon	2003	AUS	95.10	140	171	311	26-Aug	Perth, AUS
Edward Smale	1997	ENG	94.10	140	170	310	24-Apr	London, England, GBR
Myren Madden	2002	ENG	94.00	140	170	310	22-Oct	Durres, ALB

102kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Don Opeloge	1999	SAM	101.65	150	207	367	27-Nov	Tauranga, NZL
Jack Hitala Opeloge	2000	SAM	99.75	160	200	360	27-Mar	Apia, SAM
Junior P. Ngadja Nyabeyeu	1993	CMR	101.95	156	199	355	31-Oct	Cairo, EGY
Pierre-Alexandre Bessette	1999	CAN	100.81	163	186	349	3-Aug	Birmingham, England, GBR
Kojum Taba	1997	IND	97.50	153	192	345	28-Mar	Bhubaneswar, IND
Vikas Thakur	1993	IND	99.80	148	193	341	28-Mar	Bhubaneswar, IND
Sam Thorne	1996	AUS	101.70	145	191	336	3-Dec	Brisbane, AUS
Sachin Mehmi	1995	IND	101.65	148	185	333	28-Mar	Bhubaneswar, IND
Ridge Baredo	1995	AUS	98.10	145	188	333	28-May	Sydney, AUS
Harshit Sehrawat	2000	IND	101.74	144	184	328	15-Oct	Manama, BRN
Harcharan Singh	2001	IND	101.94	148	179	327	15-Oct	Manama, BRN
Rashed Quran	1998	CAN	101.40	145	173	318	20-May	Kelowna, CAN
Ruben Burger	1991	RSA	100.20	144	173	317	23-Oct	Mossel Bay, RSA
Aman	2003	IND	101.50	137	177	314	28-Mar	Bhubaneswar, IND
Chirag Wighavale	2001	IND	100.10	139	175	314	26-Apr	Bengaluru, IND
Ashutosh Kumar Singh	1995	IND	101.80	142	171	313	28-Mar	Bhubaneswar, IND
Ramshad A.R.	1994	IND	101.30	139	172	311	28-Mar	Bhubaneswar, IND
Suresh Kumar Yadav	1994	IND	97.80	135	174	309	28-Mar	Bhubaneswar, IND
Ajeet Singh	1997	IND	101.30	131	178	309	28-Mar	Bhubaneswar, IND
Leon Vogler-Schmid	2000	AUS	101.56	135	172	307	19-Mar	Sydney, AUS
David Steel	1986	SCO	101.00	132	175	307	24-Jul	Southampton, England, GBR
Patrick Oawale Barde	2001	NGR	101.88	140	165	305	15-Aug	Konya, TUR
Andrew Pretty	1992	CAN	96.40	140	164	304	20-May	Kelowna, CAN
Vishal Rajwar	1995	IND	96.95	137	165	302	28-Mar	Bhubaneswar, IND
Benedict Millson	1996	ENG	101.19	135	166	301	29-Jan	Derby, England, GBR
Aaron Cathcart-McKinnon	1997	CAN	101.90	135	166	301	18-Sep	Calgary, CAN

109kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Junior P. Ngadja Nyabeyeu	1993	CMR	105.92	165	205	370	15-Aug	Konya, TUR
Jack Hitala Opeloge	2000	SAM	103.90	160	200	360	27-Feb	Apia, SAM
Lovepreet Singh	1997	IND	108.60	163	192	355	3-Aug	Birmingham, England, GBR
Jackson Roberts-Young	1996	AUS	108.77	145	202	347	3-Aug	Birmingham, England, GBR
Andrew Griffiths	1993	ENG	108.86	159	187	346	3-Aug	Birmingham, England, GBR
Muhammad Hafiz Shamsuddin	1999	MAS	108.20	156	180	336	27-Feb	Singapore City, SGP
Koale Tasi Taala	1995	NZL	109.00	143	192	335	27-Feb	Auckland, NZL
Noah Santavy	1998	CAN	102.10	152	183	335	27-Feb	Scarborough, CAN
Jordan Sakkas	1999	WAL	108.72	145	189	334	29-Jan	Derby, England, GBR
Owen Boxall	1990	ENG	108.86	145	188	333	29-Jan	Derby, England, GBR
Siaosi Leuo	1992	NZL	108.40	146	185	331	5-Jun	Hastings, NZL
Christopher Palser-Thorne	1993	ENG	108.40	140	190	330	24-Apr	London, England, GBR
Usman Amjad Rathore	1987	PAK	108.32	144	186	330	16-Oct	Manama, BRN
Hanzala Dastgir Butt	2002	PAK	108.72	146	183	329	15-Aug	Konya, TUR
Omar Keshta	1998	ENG	107.79	145	181	326	29-Jan	Derby, England, GBR
Mohit Teavitya	1992	IND	107.10	144	179	323	30-Mar	Bhubaneswar, IND
Vishal Solanki	1993	IND	107.88	147	176	323	3-Oct	Gandhi Nagar, IND
Naveen	1996	IND	108.15	145	177	322	3-Oct	Gandhi Nagar, IND
Sio (Joe) Pomelile	1993	TGA	108.98	140	180	320	3-Aug	Birmingham, England, GBR
Benedict Millson	1996	ENG	107.60	142	177	319	9-Oct	Southampton, England, GBR
Jonathan Sarrazin	1995	CAN	109.00	135	182	317	13-Aug	Scarborough, CAN
David Harding-Prior	1988	ENG	107.50	146	167	313	6-May	London, England, GBR
Patrick Boileau	1994	CAN	108.90	137	178	315	12-Nov	Toronto, CAN
Daniel O'Hare	1998	NIR	108.80	142	170	312	29-Jan	Derby, England, GBR
Rushed Quran	1998	CAN	104.60	140	171	311	29-Jul	Bogota, COL

+109kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Muhammad Noor Dastgir Butt	1998	PAK	167.76	173	232	405	3-Aug	Birmingham, England, GBR
David Liti	1996	NZL	181.70	173	223	396	16-Dec	Bogota, COL
Gurdeep Singh	1995	IND	163.40	170	221	391	30-Mar	Bhubaneswar, IND
Suamili Nanai	1995	AUS	130.80	170	210	380	1-May	Perth, AUS
Petelo Tuiloma Lautusi	1996	SAM	135.84	165	206	371	3-Aug	Birmingham, England, GBR
Gordon Shaw	1994	ENG	140.30	169	196	365	5-Jun	Tirana, ALB
Vipan Kumar	1994	IND	155.70	157	206	363	30-Mar	Bhubaneswar, IND
Quinn Everett	1992	CAN	143.80	165	197	362	20-May	Kelowna, CAN
Miklos Bencsik II	1989	CAN	146.50	151	208	359	29-Jul	Bogota, COL
Mackenzie Middleton	1998	ENG	135.50	160	197	357	30-Oct	Derby, England, GBR
Koale Tasi Taala	1995	NZL	119.40	150	200	350	5-Jun	Hastings, NZL
Muhammad Hafiz Shamsuddin	1999	MAS	114.00	152	190	342	22-May	Hanoi, VIE
Hitesh Kumar	1996	IND	137.60	150	187	337	4-Oct	Gandhi Nagar, IND
S. Rudramayam	2002	IND	134.90	155	180	335	30-Mar	Bhubaneswar, IND
Shyopat Singh	1984	IND	121.61	148	183	331	4-Oct	Gandhi Nagar, IND
Malachi Faamausali-Fala	2001	NZL	130.60	150	180	330	27-Feb	Auckland, NZL
W. Pathiranage Usham Charuka	1993	SRI	146.50	150	180	330	27-Feb	Singapore City, SGP
Ryan Meidl	1987	CAN	124.80	140	190	330	20-May	Kelowna, CAN
Hugo Martin	1998	CAN	119.40	150	180	330	18-Sep	Calgary, CAN
Muhammad Abdullah Butt	1996	PAK	135.87	145	180	325	16-Oct	Manama, BRN
Gabriel Auclair	1984	CAN	145.45	142	180	322	10-Dec	Orlando, USA
Jackson Roberts-Young	1996	AUS	114.90	130	190	320	28-May	Sydney, AUS
Sio (Joe) Pomelile	1993	TGA	112.70	140	180	320	28-May	Auckland, NZL
Max von Muehldorfer	2003	CAN	133.60	136	182	318	19-Mar	Scarborough, CAN
Vishal Savagave	1994	IND	125.80	146	171	317	30-Mar	Bhubaneswar, IND

2022 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

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WOMEN: ONE PER COUNTRY

45kg Category

	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Komal Kohar	2002	IND	44.50	72	88	160	20-Mar	Bhubaneswar, IND
Isabella Brown	2003	CAN	44.76	68	76	144	4-Jun	La Prairie, CAN
M.D.M. Pramathna	2002	SRI	44.98	62	71	133	11-Nov	Polonnaruwa, SRI
Celine Huynh	2007	AUS	44.94	52	61	113	21-May	Adelaide, AUS
Idau Vagi	2006	PNG	44.50	45	65	110	21-May	Port Moresby, PNG
Alex MacKay	2002	SCO	43.60	45	65	110	5-Nov	Dundee, Scotland, GBR
Tiisetso Hlabathe	1999	RSA	44.96	46	55	101	22-Oct	Mossel Bay, RSA
Loren Harvey	2006	NZL	45.00	37	47	84	3-Jul	Petone, NZL

49kg Category

	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Saikhom Mirabai Chanu	1994	IND	48.68	88	113	201	30-Jul	Birmingham, England, GBR
Marie Hanitra Riolya Ranaivosoa	1990	MRI	48.53	76	96	172	30-Jul	Birmingham, England, GBR
Hannah Kaminski	1994	CAN	48.97	74	97	171	30-Jul	Birmingham, England, GBR
Loa Dika Toua	1984	PNG	48.78	74	96	170	20-Jun	Saipan, NMI
Stella Kingsley	2002	NGR	48.52	75	95	170	30-Jul	Birmingham, England, GBR
Noorin Gullam	1995	ENG	48.77	73	88	161	30-Jul	Birmingham, England, GBR
Divisekara Srimali M. Samarakoon	1999	SRI	47.66	65	88	153	11-Nov	Plonnaruwa, SRI
Hannah Powell	1992	WAL	48.60	67	85	152	30-Jul	Birmingham, England, GBR
Marjia Akter Ekra	2003	BAN	48.35	63	77	140	2-May	Heraklion, GRE
Winnifred Ntumi	2002	GHA	48.63	63	76	139	30-Jul	Birmingham, England, GBR
Rowena Eddie Donga	2007	SOL	48.66	62	75	137	20-Jun	Saipan, NMI
Ying Ying Chan	1995	SGP	48.40	61	76	137	30-Jul	Birmingham, England, GBR
Lisa Tobias	1980	SCO	48.79	60	75	135	29-Jan	Derby, England, GBR
Kate Brown	1996	AUS	48.25	59	73	132	18-Nov	Canberra, AUS
Kerri Carreira	1977	RSA	48.96	49	66	115	22-Oct	Mossel Bay, RSA
Nurul Syuhaidah Ahman	1996	BRU	48.70	45	55	100	27-Feb	Bandar Seri Begawan, BRU
Loren Harvey	2006	NZL	45.30	38	50	88	16-Oct	Petone, NZL

55kg Category

	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Adijat Adenike Olarinoye	1999	NGR	54.51	92	111	203	30-Jul	Birmingham, England, GBR
Sorokhaibam Bindyarani Devi	1999	IND	54.01	86	116	202	30-Jul	Birmingham, England, GBR
Fraer Morrow	1998	ENG	54.57	89	109	198	30-Jul	Birmingham, England, GBR
Jenly Wini Tegu	1983	SOL	54.70	84	110	194	20-Jun	Saipan, NMI
Josee Gallant	1992	CAN	53.50	87	106	193	20-May	Kelowna, CAN
Catrin Haf Jones	1999	WAL	54.71	83	104	187	29-Jan	Derby, England, GBR
Tenishia Thornton	2005	MLT	55.00	81	99	180	3-May	Heraklion, GRE
Elly Cascandra Englebert	2000	MAS	54.40	78	96	174	30-Jul	Birmingham, England, GBR
Sky Norris	1999	JAM	53.89	78	92	170	30-Jul	Birmingham, England, GBR
Loa Dika Toua	1984	PNG	48.90	72	96	168	28-May	Melbourne, AUS
Wademusthreege C. M. Warnakulasuri	1990	SRI	54.75	75	93	168	11-Nov	Polonnaruwa, SRI
Jessica Sewastenko	1994	AUS	54.70	77	90	167	25-Feb	Singapore City, SGP
Jodey Hughes	1983	SCO	54.74	70	96	166	29-Jan	Derby, England, GBR
My-Only Stephen	2006	NRU	54.80	72	90	162	21-May	NRU
Srity Akther	1994	BAN	54.06	70	86	156	12-Aug	Konya, TUR
Alewesi A. Aditaroleva	2003	FIJ	58.32	67	85	152	21-Jun	Saipan, NMI
Phillipa Patterson	1984	NZL	54.40	69	82	151	25-Nov	Tauranga, NZL
Jiin Linn Chua	1998	SGP	54.70	60	80	140	25-Feb	Singapore City, SGP
Liyana Safiah Sidek	1995	BRU	53.44	55	70	125	9-Oct	Manama, BRN
Caitlyn Hoedemaker	2001	RSA	51.73	54	61	115	22-Oct	Mossel Bay, RSA
Doushka Gopaloodoo	2000	MRI	54.31	51	63	114	26-Feb	Vacoas, MRI
Nawal Uwase	1998	RWA	54.40	25	40	65	28-Oct	Cairo, EGY

59kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Maude Charron	1993	CAN	58.90	103	128	231	8-Dec	Bogota, COL
Rafiatu Folashade Lawal	1996	NGR	57.64	90	116	206	31-Jul	Birmingham, England, GBR
Jessica Gordon-Brown	1995	ENG	59.00	91	111	202	24-Apr	London, England, GBR
Sorokhaibam Bindyarani Devi	1999	IND	56.00	86	114	200	8-Dec	Bogota, COL
Jenly Wini Tegu	1983	SOL	55.25	85	110	195	28-May	Melbourne, AUS
Brenna Kean	1995	AUS	58.35	82	108	190	25-Feb	Singapore City, SGP
Catrin Haf Jones	1999	WAL	56.00	82	108	190	11-Jun	Bangor, Wales, GBR
Anneke Spies	1993	RSA	58.89	85	105	190	31-Jul	Birmingham, England, GBR
Tenishia Thornton	2005	MLT	58.40	84	104	188	8-Dec	Bogota, COL
Hannah Crymble	1995	NIR	58.50	83	104	187	7-Dec	Bogota, COL
Ruby Malvina	2004	SEY	59.00	75	105	180	29-Oct	Cairo, EGY
Marceeta Marlyne Marcus	1998	MAS	56.75	73	105	178	20-May	Hanoi, VIE
Elizabeth Granger	1991	NZL	59.00	79	96	175	25-Nov	Tauranga, NZL
U. Umeira	1993	SRI	58.35	74	92	166	12-Nov	Polonnaruwa, SRI
My-Only Stephen	2006	NRU	55.75	73	92	165	8-May	NRU
Su Eng Sarah Ang	2002	SGP	57.99	73	90	163	31-Jul	Birmingham, England, GBR
Jodey Hughes	1983	SCO	57.20	65	85	150	15-Oct	Dundee, Scotland, GBR
Aluwesi Aditaroleva	2003	FIJ	58.00	65	82	147	21-May	Suva, FIJ
Riya Farjana Akter	2003	BAN	58.25	66	80	146	4-May	Heraklion, GRE
Sulakhsna Gunoo	1990	MRI	58.78	60	77	137	26-Feb	Vacoas, MRI
Madeleine Ndolo	2008	CMR	57.10	60	77	137	27-Sep	Casablanca, MAR
Shabra Mutesi	2005	UGA	56.74	55	66	121	12-Aug	Konya, TUR
Maria Aristodelous	1995	CYP	56.55	45	58	103	8-Oct	Limassol, CYP
Sandrine Twagirariya	1991	RWA	55.70	25	---	---	29-Oct	Cairo, EGY

64kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Maude Charron	1993	CAN	61.23	101	130	231	1-Aug	Birmingham, England, GBR
Sarah Cochrane	1989	AUS	63.63	100	116	216	1-Aug	Birmingham, England, GBR
Islamiyat Adebukola Yusuf	2003	NGR	63.45	93	119	212	1-Aug	Birmingham, England, GBR
Zoe Smith	1994	ENG	63.86	88	122	210	1-Aug	Birmingham, England, GBR
Jasvir Kaur	1993	IND	63.98	87	113	200	2-Oct	Gandhi Nagar, IND
Emma McIntyre	1991	NZL	63.80	89	104	193	4-Jun	Hastings, NZL
Yasmin Zammit-Stevens	1993	MLT	63.51	83	103	186	1-Aug	Birmingham, England, GBR
Christie Marie Williams	1992	WAL	63.91	83	101	184	29-Jan	Derby, England, GBR
Anneke Spies	1993	RSA	62.79	80	103	183	22-Oct	Mossel Bay, RSA
Mabia Akter	1999	BAN	63.86	78	103	181	1-Aug	Birmingham, England, GBR
Caroline Doyle	1992	NIR	63.15	78	101	179	1-Aug	Birmingham, England, GBR
Family Notte	2009	NRU	63.85	77	96	173	21-May	NRU
Nicole Lin Le Heng	1995	SGP	63.19	76	93	169	1-Aug	Birmingham, England, GBR
Beth Ashby	1997	SCO	63.40	75	90	165	21-May	Dundee, Scotland, GBR
Rachel Achieng Enock	2004	KEN	63.39	70	85	155	12-Aug	Birmingham, England, GBR
Demetra Ioannou	1993	CYP	59.90	70	85	155	4-Jun	Limassol, CYP
Delice Adonis	1997	GUY	63.30	66	75	141	10-Dec	Bogata, COL
Lydia Nakkide	1999	UGA	63.30	60	70	130	10-Dec	Bogata, COL
D.D.D. Abesekara	1996	SRI	63.70	55	71	126	12-Nov	Polonnaruwa, SRI
Mere Tokalau	2004	FIJ	63.35	55	65	120	21-May	Suva, FIJ
Anne Pagaa	2006	CMR	63.30	55	62	117	27-Sep	Casablanca, MAR

71kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Sarah Davies	1992	ENG	70.58	103	126	229	1-Aug	Birmingham, England, GBR
Kiana Elliott	1997	AUS	68.60	100	120	220	26-Feb	Singapore City, SGP
Alexis Ashworth	1999	CAN	70.50	98	122	220	27-Feb	Scarborough, CAN
Harjinder Kaur	1996	IND	69.14	93	119	212	1-Aug	Birmingham, England, GBR
Maximina Uepa	2002	NRU	69.00	91	110	201	11-Dec	Bogota, COL
Megan Signal	1990	NZL	70.73	88	108	196	1-Aug	Birmingham, England, GBR
Ketty Lent	2001	MRI	68.85	85	111	196	29-Oct	Cairo, EGY
Roberta Tabone	1994	MLT	69.97	86	105	191	1-Aug	Birmingham, England, GBR
Alice Aitchson	1999	SCO	70.30	83	108	191	5-Nov	Dundee, Scotland, GBR
Faye Pittman	1983	WAL	70.22	81	108	189	1-Aug	Birmingham, England, GBR
Layne Jefferies	1991	RSA	69.60	84	104	188	29-Oct	Cairo, EGY
Mabia Akter	1999	BAN	67.10	79	104	183	12-Oct	Manama, BRN
Irene Kasuubo	1997	UGA	68.04	76	102	178	4-Jun	Sydney, AUS
Holly O'Shea	1996	GIB	68.75	74	97	171	1-Aug	Birmingham, England, GBR
Niamh Menary	1992	NIR	71.00	70	90	160	15-Oct	Dundee, Scotland, GBR
Mariama W. Taletawa	2005	FIJ	70.06	67	92	159	22-Jun	Saipan, NMI
G.G.D.T. Gurugama	2003	SRI	69.86	69	85	154	12-Dec	Polonnaruwa, SRI
Rachael Achieng Enock	2004	KEN	69.70	73	80	153	11-Dec	Bogota, COL
Emma Imsirovic	1997	BOT	69.30	62	76	138	11-Dec	Bogota, COL
Katerina Stavri	1995	CYP	66.90	54	74	128	9-Jul	Limassol, CYP
Briseis T.N.J. Criighton	2007	COK	66.40	51	70	121	22-May	Avarua, COK
Joy Ogbonne Eze	2004	NGR	69.79	100	---	---	1-Aug	Birmingham, England, GBR

76kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Shania Bedward	1996	CAN	74.50	101	128	229	13-Dec	Bogota, COL
Sarah Davies	1992	ENG		102	124	226	30-Oct	Derby, England, GBR
Olivia Kelly (Shelton)	1993	AUS	75.65	97	122	219	23-Oct	Brisbane, AUS
Taiwo Liadi	2002	NGR	74.23	96	120	216	2-Aug	Birmingham, England, GBR
Maximina Uepa	2002	NRU	73.45	95	120	215	22-May	NRU
Punam Yadav	1995	IND	76.00	99	115	214	27-Mar	Bhubaneswar, IND
Jeanne Gaelle Eyenga Mboosi	1999	CMR	75.62	90	122	212	2-Aug	Birmingham, England, GBR
Apolonia Vaivai	1991	FIJ	75.84	95	111	206	22-Jun	Saipan, NMI
Agata Herbert	1988	SCO	75.12	92	111	203	29-Jan	Derby, England, GBR
Amy Salt	1992	WAL	74.73	88	113	201	29-Jan	Derby, England, GBR
Megan Signal	1990	NZL	72.70	87	113	200	8-Jul	Auckland, NZL
Avatu Opeloge	2003	SAM	74.90	84	105	189	26-Nov	Tauranga, NZL
Joelita Coloma	2003	SEY	75.20	80	100	180	30-Oct	Cairo, EGY
Chloe Whyllie	1990	JAM	74.82	81	95	176	2-Aug	Birmingham, England, GBR
Monira Kazi	1995	BAN	71.02	75	95	170	2-Aug	Birmingham, England, GBR
W.A.P.D.N. Sanjana	2004	SRI	75.82	75	95	170	12-Nov	Polonnaruwa, SRI
Niamh Menary	1992	NIR	72.06	73	93	166	29-Jan	Derby, England, GBR
Helena-Maria Botha	1994	RSA	72.61	63	83	146	22-Oct	Mossel Bay, RSA
Rafaela Xenofontos	1996	CYP	72.45	36	53	89	9-Jul	Limassol, CYP

81kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Maya Laylor	1995	CAN	78.00	105	132	237	20-May	Kelowna, CAN
Katrina Feklistova	1997	ENG	76.20	97	121	218	22-Oct	Clermont l'Hérault, FRA
Kanah Andrews-Nahu	2001	NZL	80.96	87	113	210	3-Apr	Auckland, NZL
Caroline Birch	1989	NIR	74.30	92	115	207	4-Feb	Portadown, NIR
Agata Herbert	1988	SCO	76.60	91	114	205	15-Oct	Dundee, Scotland, GBR
Vanshita Verma	2001	IND	80.32	88	116	204	14-Oct	Manama, BRN
Faustina Opeloge	2004	SAM	80.30	90	110	200	26-Nov	Tauranga, NZL
Rebecca McKay	2000	AUS	80.25	85	105	190	20-Nov	Canberra, AUS
Rayen Cupid	1985	SVG	79.00	81	99	180	14-Dec	Bogota, COL
Balage Chathurika Priyantha	1992	SRI	80.58	77	90	167	12-Nov	Polonnaruwa, SRI
Monia Stroebel	1980	RSA	76.77	67	88	155	23-Oct	Mossel Bay, RSA
Vikatoria S.G. Taka	2000	FIJ	80.08	60	81	141	22-Jun	Saipan, NMI

87kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Eileen Cikamatana	1999	AUS	84.08	110	145	255	2-Aug	Birmingham, England, GBR
Kristel Ngarlem	1995	CAN	82.03	101	135	236	2-Aug	Birmingham, England, GBR
Osijo Mary Taiwo	1996	NGR	82.52	102	123	225	2-Aug	Birmingham, England, GBR
Haley Whiting	1993	NZL	83.10	98	125	223	27-Feb	Auckland, NZL
Clementine Meukeugni Noubbissi	1990	CMR	86.11	100	121	221	2-Aug	Birmingham, England, GBR
Emily Sweeney	2004	ENG	86.20	93	117	210	24-Apr	London, England, GBR
Komal Wakale	1990	IND	86.97	94	116	210	3-Oct	Gandhi Nagar, IND
Balage Chathurika Priyantha	1992	SRI	85.20	81	111	192	2-Aug	Birmingham, England, GBR
Faustina Opeloge	2004	SAM	85.60	84	106	190	22-May	Apia, SAM
Ajah Pritchard-Lolo	2002	VAN	84.60	84	104	188	26-Nov	Tauranga, NZL
Alison Sunee	1999	MRI	84.05	78	104	182	31-Oct	Cairo, EGY
Elizabeth Adimim	2002	NRU	81.70	82	95	177	27-Mar	NRU
Romentha Larue	1998	SEY	84.53	78	98	176	2-Aug	Birmingham, England, GBR
Yvgeni Henderson	1988	JAM	85.23	73	90	163	2-Aug	Birmingham, England, GBR
Niamh Collins	2003	WAL	82.30	69	93	162	3-Dec	Haverfordwest, Wales, GBR
Hajierah Tambay	1985	RSA	85.52	66	90	156	23-Oct	Mossel Bay, RSA
Mst Tania Khatun	1985	BAN	81.06	64	75	139	14-Oct	Manama, BRN
Meropi Dimitriou	1996	CYP	84.65	47	62	109	9-Jul	Limassol, CYP

+87kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Emily Campbell	1994	ENG	127.50	122	165	287	15-Dec	Bogota, COL
Feagaiga Stowers	2000	SAM	119.05	127	155	282	28-May	Apia, SAM
Emma Friesen	2002	CAN	113.97	112	133	245	23-Oct	Lima, PER
Charisma Amoe-Tarrant	1999	AUS	153.30	100	139	239	3-Aug	Birmingham, England, GBR
Kuinini Manumua	2000	TGA	101.86	107	128	235	3-Aug	Birmingham, England, GBR
Ann Mariya Muriyaden Timothy	1998	IND	117.45	103	128	231	31-Mar	Bhubaneswar, IND
Cassandra Anak Masev Sonia	2000	MAS	104.50	90	123	213	22-May	Hanoi, VIE
Manine Lynch	1999	COK	123.56	90	120	210	23-Jun	Saipan, NMI
Susana Nimo	1996	NZL	94.60	95	115	210	1-Oct	Auckland, NZL
H.W.T.M.B.J. Haputhenna	1999	SRI	117.08	89	110	199	3-Aug	Birmingham, England, GBR
Romantha Larue	1998	SEY	88.05	87	111	198	31-Oct	Cairo, EGY
Helen Seipua	2002	FIJ	114.22	85	108	193	3-Aug	Birmingham, England, GBR
Elisia Scicluna	1992	MLT	94.68	80	105	185	3-Aug	Birmingham, England, GBR
Estelle Momeni	1993	CMR	96.60	81	95	176	15-Aug	Konya, TUR
Ligare Lorraine Makungu	1985	KEN	107.10	74	95	169	15-Dec	Bogota, COL
Alison Sunee	1999	MRI	88.94	73	95	168	28-Feb	Vacoas, MRI
Marie Agbah Hughes	1991	GHA	122.30	67	90	157	31-Oct	Cairo, EGY
Mst Sohayba Rahman Rafa	2007	BAN	94.88	64	84	148	15-Aug	Konya, TUR
Prossy Irene Nyanga	1989	UGA	100.49	62	81	143	28-Feb	Vacoas, MRI
Ramsi Edwards	2006	NIU	105.90	62	75	137	26-Feb	Auckland, NZL
Gabrielle Berkowitz	1997	RSA	87.32	60	75	135	23-Oct	Mossel Bay, RSA
Helen Robertson	1979	SCO	102.60	54	73	127	6-Nov	Dundee, Scotland, GBR

2022 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

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MEN: ONE PER COUNTRY

55kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Yodage Dilanka Isuru Kumara	1996	SRI	54.99	116	141	257	12-Nov	Polonnaruwa, SRI
Sanket Sargar Mahadev	2000	IND	54.65	113	143	256	25-Feb	Singapore City, SGP
Mohamad Aniq Kasdan	2002	MAS	54.55	110	142	252	19-May	Hanoi, VIE
Benjamin Hickling	2002	ENG	54.79	93	119	212	30-Jul	Birmingham, England, GBR
Md Ashikur Rahman Taj	2001	BAN	54.65	93	118	211	30-Jul	Birmingham, England, GBR
Davis Niyoyita	2004	UGA	54.20	90	120	210	11-Aug	Konya, TUR
Philip Masi	2004	SOL	53.92	91	108	199	20-Jun	Saipan, NMI
Danny Chhay	2002	CAN	54.88	84	106	190	4-Jun	La Prairies, CAN
Eroni Talemaigau Vuratu	2006	FIJ	54.12	82	105	187	20-Jun	Saipan, NMI
Willem Emile	2002	MRI	53.97	83	103	186	30-Jul	Birmingham, England, GBR
David Pingwei Mok	2002	SGP	54.67	81	100	181	30-Jul	Birmingham, England, GBR
Scotfield Sinaka	1998	PNG	54.12	71	101	172	20-Jun	Saipan, NMI
Kyotla Kgaswane	2000	BOT	54.55	70	101	171	30-Jul	Birmingham, England, GBR
Harrison Nguyen	1993	AUS	54.90	74	93	167	19-Aug	Sydney, AUS
Boy Meje	2006	RSA	65.53	75	90	165	22-Oct	Mossel Bay, RSA
Benjamin Ochoma	1999	KEN	54.20	65	85	150	30-Jul	Birmingham, England, GBR

61kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Muhamad Aznil Biden	1994	MAS	60.85	127	160	287	20-May	Hanoi, VIE
Morea Baru	1990	PNG	61.00	121	152	273	30-Jul	Birmingham, England, GBR
Chanambam Rishikanta Singh	1998	IND	60.82	120	151	271	9-Oct	Manama, BRN
Youri Simard	2001	CAN	61.00	119	149	268	30-Jul	Birmingham, England, GBR
J.A.C. Lakmal	1988	SRI	61.00	115	138	253	12-Nov	Polonnaruwa, SRI
Emmanuel Appah	1999	NGR	60.66	110	135	245	30-Jul	Birmingham, England, GBR
Brown Ramohaka	1988	SOL	59.96	96	132	228	20-Jun	Saipan, NMI
Mohommd N. Abu Bakar	1995	BRN	60.65	95	132	227	30-Jul	Birmingham, England, GBR
Avery Fesolai	2002	NZL	60.98	97	125	222	2-Apr	Auckland, NZL
Davis Niyoyita	2004	UGA	58.50	95	125	220	6-Dec	Bogota, COL
Benjamin Hickling	2002	ENG	58.43	98	120	218	29-Jan	Derby, England, GBR
Shadrach Cain	1999	NRU	60.65	92	115	207	28-May	NRU
Jake Stanley	1993	AUS	60.45	90	117	207	18-Nov	Canberra, AUS
Eroni Talemaigau	2006	FIJ	59.60	90	115	205	26-Mar	Suva, FIJ
Ben Foggo	2005	WAL	59.32	90	110	200	29-Jan	Derby, England, GBR
Nkhahle Thapelo Sebota	1997	LES	59.91	80	106	186	30-Jul	Birmingham, England, GBR
Thapelo Hlabathe	2005	RSA	60.95	85	100	185	22-Oct	Mossel Bay, RSA
Stuart Shilliday		NIR	59.22	81	100	181	29-Jan	Derby, England, GBR
Alex Donifack Ngaban	2005	CMR	60.90	83	95	178	26-Sep	Casablanca, MAR
Aaron Black	1993	SCO	60.95	65	94	159	5-Nov	Dundee, Scotland, GBR
Amunga Joshua Mboya	2005	KEN	55.60	73	86	159	6-Dec	Bogota, COL

67kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Jeremy Lalinnunga	2002	IND	66.36	140	160	300	31-Jul	Birmingham, England, GBR
Vaipava Nevio Ioane	1988	SAM	66.32	127	166	293	31-Jul	Birmingham, England, GBR
Muhamad Aznil Biden	1994	MAS	64.63	130	161	291	10-Oct	Manama, BRN
Edidiong Joseph Umoafia	2002	NGR	66.86	130	160	290	31-Jul	Birmingham, England, GBR
Morea Baru	1990	PNG	61.45	120	152	272	28-May	Melbourne, AUS
J.Arachchilage Chathuranga Lakm	1988	SRI	63.85	118	150	268	26-Feb	Singapore City, SRI
Jaswant Shergill	1993	ENG	66.50	117	148	265	24-Apr	London, England, GBR
Youri Simard	2001	CAN	63.45	115	150	265	6-Nov	Sherbrooke, CAN
Ruben Katoatau	1997	KIR	66.97	114	144	258	31-Jul	Birmingham, England, GBR
Ditto Ika	2006	NRU	68.30	110	145	255	9-Dec	Bogota, COL
Craig Carfray	1992	SCO	65.93	112	139	251	29-Jan	Derby, England, GBR
Marc Jonathan Coret	1989	MRI	66.16	105	136	241	31-Jul	Birmingham, England, GBR
Kester Yi Liang Koy	1998	SGP	66.53	107	231	238	26-Feb	Singapore City, SRI
Avery Fesolai	2002	NZL	63.70	102	130	232	4-Jun	Hastings, NZL
Stan Eddie Donga	1998	SOL	66.04	105	120	225	21-Jun	Saipan, NMI
Linh Nguyen	1994	AUS	66.26	98	125	223	18-Nov	Canberra, AUS
Garin Beams		WAL	65.80	101	122	223	3-Dec	Haverfordwest, Wales, GBR
Ibrahim Nsubuga	1983	UGA	68.10	95	122	217	9-Dec	Bogota, COL
Franck Matam Matam	2006	CMR	67.00	90	120	210	27-Sep	Casablanca, MAR
Rylee Borg	2006	MLT	66.23	91	111	202	29-Jan	Derby, England, GBR
Daniel Z.A. Shaw	2001	FIJ	66.10	90	112	202	21-May	Suva, FIJ
Bafana Mngini	2005	RSA	66.53	75	95	170	22-Oct	Mossel Bay, RSA

73kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Muhammad Erry Hidayat	1999	MAS	72.90	143	173	316	21-May	Hanoi, VIE
N. Ajith	1991	IND	72.78	141	174	315	1-Oct	Gandhi Nagar, IND
John Lautafi Tafi	2002	SAM	71.70	133	165	298	21-May	Apia, SAM
Shad Darsigny	2003	CAN	72.71	135	163	298	31-Jul	Birmingham, England, GBR
Jack Oliver	1991	ENG	72.30	135	161	296	24-Apr	London, England, GBR
D.M. Indika C. Dissanayake	1989	SRI	73.00	135	161	296	13-Nov	Polonnaruwa, SRI
Brandon Wakeeling	1994	AUS	72.53	127	163	290	31-Jul	Birmingham, England, GBR
Vester Villalon	1991	NZL	72.90	128	158	287	26-Feb	Auckland, NZL
Ezekiel Moses	2001	NRU	73.00	127	160	287	27-Feb	NRU
Michael Farmer	1999	WAL	72.70	128	158	286	31-May	Tirana, ALB
Jon-Antohein Phillips	2000	RSA	72.95	123	160	283	22-Oct	Mossel Bay, RSA
Gerard Abeussa	1998	CMR	72.95	120	160	280	29-Oct	Cairo, EGY
Manuila Raobu	2000	TUV	70.05	120	146	266	26-Mar	Funafuti, TUV
Shilul Kanti Singha	1986	BAN	72.94	110	140	250	27-Feb	Dhaka, BAN
Hakim Musoke Ssemperera	1995	UGA	72.47	110	141	251	27-Feb	Vacaus, MRI
Anton Micallef	1991	MLT	79.10	116	135	251	5-Nov	Limassol, CYP
Anthony Libasia Masinde	1989	KEN	72.58	110	140	250	31-Jul	Birmingham, England, GBR
Lucas Clarke	1993	SCO	72.62	106	131	237	29-Jan	Derby, England, GBR
Ivelin Andonov	1993	CYP	71.25	105	130	235	9-Jul	Limassol, CYP
Machachamise Nts'inyi	1998	LES	72.93	100	130	230	27-Feb	Vacaus, MRI
Solomoni Vira	2004	FIJ	71.85	95	130	225	21-May	Suva, FIJ
Daison Phiri	1988	ZAM	68.60	90	100	190	29-Oct	Cairo, EGY
Yuan Yee Loh	1998	SGP	72.55	---	---	---	26-Feb	Singapore City, SGP

81kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Christopher Murray	1999	ENG	80.86	144	181	325	1-Aug	Birmingham, England, GBR
Kyle Bruce	1999	AUS	80.99	143	180	323	1-Aug	Birmingham, England, GBR
Nicolas Vachon	1996	CAN	80.82	140	180	320	1-Aug	Birmingham, England, GBR
Antonis Martasidis	1992	CYP	80.60	140	180	320	6-Nov	Limassol, CYP
Ajay Singh	1997	IND	80.91	143	176	319	1-Aug	Birmingham, England, GBR
Haider Ali	1995	PAK	79.56	138	170	308	27-Feb	Lahor, PAK
Guy Michel Ngongang Tchuissei	1995	CMR	80.40	135	170	305	24-Apr	London, England, GBR
Mohamad Nasir Roslan	1997	MAS	80.40	140	165	305	21-May	Hanoi, VIE
Cameron McTaggart	1997	NZL	80.95	138	165	303	1-Aug	Birmingham, England, GBR
U.R.R. Jayasena	1997	SRI	79.99	138	160	298	13-Nov	Polonnaruwa, SRI
Anwar Furqan	1995	PAK	80.91	130	165	295	11-Oct	Manama, BRN
Kang Lin Yim	1996	SGP	80.43	125	163	288	1-Aug	Birmingham, England, GBR
Jason Epton	2000	SCO	80.85	125	160	285	29-Jan	Derby, England, GBR
Michael Farmer	1999	WAL	74.50	130	155	285	3-Dec	Haverfordwest, Wales, GBR
Ezekiel Moses	2001	NRU	73.60	125	155	280	28-May	NRU
Omarie Mears	1993	JAM	81.00	127	153	280	29-Oct	Derby, England, GBR
Kang Yin Lim	1996	SGP	80.45	120	156	276	26-Feb	Singapore City, SGP
Dinesh Pandoo	2001	MRI	76.36	121	154	275	27-Feb	Vacoas, MRI
Patrick T. Veireyaki	1989	FIJ	80.64	120	152	272	21-Jun	Saipan, NMI
Andre Smith	1987	RSA	80.44	116	153	269	23-Oct	Mossel Bay, RSA
Jerome Tura	1991	COK	80.20	110	140	250	26-Feb	Auckland, NZL
Ivan Masakwe	1990	UGA	79.65	105	140	245	27-Feb	Vacoas, MRI
Tovio Ah Chong	2006	SAM	79.54	104	140	244	21-Jun	Saipan, NMI
Shaun Ciantar	1993	MLT	82.60	111	133	244	5-Nov	Limassol, CYP
Theo Morris		WAL	80.57	115	125	240	29-Jan	Derby, England, GBR
Shammah Timothy Noel	1995	GUY	78.90	90	112	202	10-Dec	Bogota, COL
Robinson Wotlelen	1995	VAN	75.52	75	98	173	21-Jun	Saipan, NMI
Sumon Chandra Roy	1987	BAN	80.79	117	---	---	27-Feb	Dhaka, BAN
Chilunpa Chisala	1990	ZAM	79.95	67	---	---	29-Oct	Cairo, EGY

89kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Alex Bellemarre	1998	CAN	88.78	165	193	358	6-Nov	Sherbrooke, CAN
Antonis Martasidis	1992	CYP	88.85	150	191	341	3-Jul	Oran, ALG
Kyle Bruce	1999	AUS	85.80	150	182	332	19-Nov	Canberra, AUS
Stefano Cataldi	2003	ENG	89.00	142	180	322	29-Oct	Derby, England, GBR
Gourav	1995	IND	88.10	140	176	316	26-Mar	Bhubaneswar, IND
Cameron McTaggart	1997	NZL	85.70	140	165	305	8-Jul	Auckland, NZL
Cedric Feugno	1997	CMR	87.18	140	165	305	14-Aug	Konya, TUR
Uea Detudamo	1999	NRU	88.00	132	161	293	27-Mar	NRU
V.G.C. Vidanage	1981	SRI	81.77	125	155	280	13-Nov	Polonnaruwa, SRI
Greggory Bernstein	1995	RSA	87.13	122	152	274	23-Oct	Mossel Bay, RSA
Allen Brindley	1997	SCO	89.00	120	150	270	15-Oct	Dundee, Scotland, GBR
Jack Dorian Madanamoothoo	2001	MRI	83.90	110	145	255	30-Oct	Cairo, EGY
Leslie Mae	1998	SOL	86.98	100	126	226	22-Jun	Saipan, NMI
Baleisuva E. D. Vakecegu	2001	FIJ	88.74	90	128	218	22-Jun	Saipan, NMI
Leighton Yates		WAL	83.60	96	120	216	3-Dec	Haverfordwest, Wales, GBR
Md Shakayet Hossain Pranto	1997	BAN	87.99	125	---	---	13-Oct	Manama, BRN

96kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Don Opeloge	1999	SAM	95.20	171	210	381	2-Aug	Birmingham, England, GBR
Boady Santavy	1997	CAN	95.70	175	205	380	20-May	Kelowna, CAN
Cyrille Tchatchet II	1995	ENG	95.90	159	197	356	12-Dec	Bogota, COL
Vikas Thakur	1993	IND	95.61	155	191	346	2-Aug	Birmingham, England, GBR
Taniela Rainibogi	1998	FIJ	95.06	155	188	343	2-Aug	Birmingham, England, GBR
Ridge Barredo	1995	AUS	95.50	149	187	336	27-Feb	Singapore City, SGP
Forrester Osei	1989	GHA	95.88	150	185	335	28-Feb	Vacaos, MRI
Denis Essama Owona	1989	CMR	94.94	145	180	325	2-Aug	Birmingham, England, GBR
Cedric Coret	1991	MRI	93.45	138	176	314	28-Feb	Vacaos, MRI
Ruben Burger	1991	RSA	95.99	141	172	313	28-Feb	Vacaos, MRI
Cameron Urgert	1993	NZL	95.20	135	167	302	5-Jun	Hastings, NZL
Drew Burns	2003	SCO	92.70	135	165	300	21-May	Dundee, Scotland, GBR
Zubairi Kubo	1995	UGA	95.45	135	156	291	28-Feb	Vacaos, MRI
Uaealesi Funaki	1998	TGA	95.44	121	170	291	22-Jun	Saipan, NMI
Harry Nelms	1999	WAL	90.25	125	164	289	15-Oct	Dundee, Scotland, GBR
Ashikur Rahman	1995	BAN	94.89	125	155	280	15-Oct	Manama, BRN
Daniel Griffith	1994	BAR	93.00	122	155	277	12-Dec	Bogota, COL
Sepa Simoi	2002	PNG	94.10	120	155	275	22-May	Port Morseby, PNG
H.M.S.M. Dissanayake	2003	SRI	94.43	120	154	274	13-Nov	Polonnaruwa, SRI
Alexandros Karamallis	1996	CYP	91.00	125	143	268	8-Oct	Limassol, CYP
Dikabelo Somonon	1995	BOT	89.31	110	130	240	28-Feb	Vacaos, MRI
Thomas Wilbur	2000	VAN	95.35	105	125	230	27-Feb	Port Villa, VAN

102kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Don Opeloge	1999	SAM	101.65	150	207	367	27-Nov	Tauranga, NZL
Junior P. Ngadja Nyabeyeu	1993	CMR	101.95	156	199	355	31-Oct	Cairo, EGY
Pierre-Alexandre Bessette	1999	CAN	100.81	163	186	349	3-Aug	Birmingham, England, GBR
Kojum Taba	1997	IND	97.50	153	192	345	28-Mar	Bhubaneswar, IND
Sam Thorne	1996	AUS	101.70	145	191	336	3-Dec	Brisbane, AUS
Ruben Burger	1991	RSA	100.20	144	173	317	23-Oct	Mossel Bay, RSA
David Steel	1986	SCO	101.00	132	175	307	24-Jul	Southampton, England, GBR
Patrick Oawale Barde	2001	NGR	101.88	140	165	305	15-Aug	Konya, TUR
Benedict Millson	1996	ENG	101.19	135	166	301	29-Jan	Derby, England, GBR
Karl Davies	1990	NZL	99.90	130	170	300	26-Nov	Tauranga, NZL
Jack Anthony Madanamoothoo	1999	MRI	101.00	132	165	297	31-Oct	Cairo, EGY
Harry Nelms	1999	WAL	98.97	120	168	288	29-Jan	Derby, England, GBR
Thomas Wilbur	2004	VAN	101.25	125	156	281	27-Nov	Tauranga, NZL
Sepa Simoi	2002	PNG	98.28	122	153	275	22-Jun	Saipan, NMI
Shanaka M. Peters	1991	SRI	101.39	120	141	261	13-Nov	Polonnaruwa, SRI

109kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Junior P. Ngadja Nyabeyeu	1993	CMR	105.92	165	205	370	15-Aug	Konya, TUR
Jack Hitala Opeloge	2000	SAM	103.90	160	200	360	27-Feb	Apia, SAM
Lovepreet Singh	1997	IND	108.60	163	192	355	3-Aug	Birmingham, England, GBR
Jackson Roberts-Young	1996	AUS	108.77	145	202	347	3-Aug	Birmingham, England, GBR
Andrew Griffiths	1993	ENG	108.86	159	187	346	3-Aug	Birmingham, England, GBR
Muhammad Hafiz Shamsuddin	1999	MAS	108.20	156	180	336	27-Feb	Singapore City, SGP
Koale Tasi Taala	1995	NZL	109.00	143	192	335	27-Feb	Auckland, NZL
Jordan Sakkas	1999	WAL	108.72	145	189	334	29-Jan	Derby, England, GBR
Usman Amjad Rathore	1987	PAK	108.32	144	186	330	16-Oct	Manama, BRN
Sio (Joe) Pomellie	1993	TGA	108.98	140	180	320	3-Aug	Birmingham, England, GBR
Daniel O'Hare	1998	NIR	108.80	142	170	312	29-Jan	Derby, England, GBR
Rushed Quran	1998	CAN	104.60	140	171	311	29-Jul	Bogota, COL
Khelwin Juboo	2002	MRI	102.30	136	171	307	29-Sep	Casablanca, MAR
Zachary Courtney	1994	SCO	107.65	143	160	303	27-Feb	Singapore City, SGP
Shanaka M. Peters	1991	SRI	103.10	134	168	302	27-Feb	Singapore City, SGP
Christoffel Reeders	1990	RSA	105.72	135	160	295	28-Feb	Vacaos, MRI
Jiarul Islam	1995	BAN	102.58	125	156	281	27-Feb	Dhaka, BAN
Callum Downie	1990	SCO	107.99	120	160	280	29-Jan	Derby, England, GBR
Nii Nortey Solomon Ocquaye	1993	GHA	105.55	128	152	280	31-Oct	Cairo, EGY
Alphius Bokang	1997	BOT	105.97	110	145	255	28-Feb	Vacaos, MRI
Timothy Vakuruivalu	1999	FIJ	102.60	115	135	250	26-Feb	Auckland, NZL
Andreas Charalambous	1994	CYP	107.00	105	135	240	8-Oct	Limassol, CYP

+109kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Muhammad Noor Dastgir Butt	1998	PAK	167.76	173	232	405	3-Aug	Birmingham, England, GBR
David Liti	1996	NZL	181.70	173	223	396	16-Dec	Bogota, COL
Gurdeep Singh	1995	IND	163.40	170	221	391	30-Mar	Bhubaneswar, IND
Suamili Nanai	1995	AUS	130.80	170	210	380	1-May	Perth, AUS
Petelo Tuiloma Lautusi	1996	SAM	135.84	165	206	371	3-Aug	Birmingham, England, GBR
Gordon Shaw	1994	ENG	140.30	169	196	365	5-Jun	Tirana, ALB
Quinn Everett	1992	CAN	143.80	165	197	362	20-May	Kelowna, CAN
Muhammad Hafiz Shamsuddin	1999	MAS	114.00	152	190	342	22-May	Hanoi, VIE
W. Pathiranage Usham Charuka	1993	SRI	146.50	150	180	330	27-Feb	Singapore City, SGP
Sio (Joe) Pomellie	1993	TGA	112.70	140	180	320	28-May	Auckland, NZL
Joseph Walton	1991	WAL	128.06	140	175	315	29-Jan	Derby, England, GBR
Nathan Morris	1996	RSA	120.10	134	166	300	28-Feb	Vacaos, MRI
Bokang Alphius Kagiso	1997	BOT	111.40	131	150	281	12-Dec	Bogota, COL
Nate Rainer	1989	SCO	125.35	131	145	276	6-Nov	Dundee, Scotland, GBR
Giovanni Toimata	1992	NIU	116.40	115	150	265	28-May	Auckland, NZL
Christos Nicolaou	1993	CYP	113.40	106	131	237	9-Jul	Limassol, CYP
Tauriwau Maciu Valentine	2006	FIJ	134.50	56	70	126	22-May	Suva, FIJ